

## NORTHERN ADELAIDE LOCAL HEALTH NETWORK (NALHN)

### 2020 Transition to Professional Practice Program (TPPP) for Registered Nurses

The Northern Adelaide Local Health Network (NALHN) provides care for around 345,000 people living in the northern metropolitan area of Adelaide as well as providing a number of state-wide services, and services to those in regional areas. NALHN provides a range of acute and sub-acute health services for people of all ages. There are two hospitals within this network; Lyell McEwin Hospital (LMH) and Modbury Hospital (MH).

Within NALHN, we are dedicated to delivering the highest quality teaching, research and community services and we have a proud and strong tradition of providing excellent clinical care. We are committed to providing equitable and accessible health care to all members of the community.

LMH and MH are both recognized as leading teaching institutions for health care professionals. Both LMH and MH have collaborative relationships with Universities. MH is affiliated with the University of Adelaide. LMH is affiliated to the University of Adelaide, University of South Australia and Flinders University.

#### **The NALHN Transition to Professional Practice Program for Registered Nurses 2020 will be offered at Lyell McEwin and Modbury Hospitals.**

Please note there is a Local Health Network approach to the service that is provided to the Northern Region. Therefore program participants may be required to undertake placements at both sites.

The Transition to Professional Practice Program (TPPP) offered by NALHN is a 52 week program inclusive of six weeks annual leave. There will be up to five intakes in 2020 (late January through to early April).

#### **Program Details**

- Comprehensive Hospital and Unit orientation
- Clinical supernumerary days
- 2 clinical rotations
- 5 professional development days
- Regular debrief sessions
- Dedicated clinical support
- Preceptorship and peer support
- Full time and part time contracts are available (minimum hours 0.84 FTE / 8 days a fortnight)
- Salaries paid in accordance with the Nurses (SA Public Sector) Award 2002 and Nurses/Midwives (SA Public Sector) Enterprise Agreement 2013
- Annual leave will be accrued according to actual hours worked and is pre-programmed. Six weeks leave will be taken within the contract period.

#### **Start dates**

Further information about intakes and commencement dates will be available during the on-line application process.

#### **Program Support**

The program employs a TPPP Co-ordinator to work across Lyell McEwin Hospital and Modbury Hospitals, a designated Clinical Support Nurse at each Hospital for clinical teaching, guidance and support to assist the transition process of each Registered Nurse. There is a strong focus on preceptorship and peer support throughout the TPPP.

## Program Aims

The NALHN RN TPPP aims to facilitate a supportive environment that will enable the transitioning nurse to:

1. Adapt to the role of a professionally practicing registered nurse;
2. Consolidate and further develop professional knowledge and skills relevant the role of a registered nurse;
3. Build confidence in clinical nursing practice whilst developing positive attributes and attitudes to work;
4. Increase awareness and knowledge of the professional responsibilities and boundaries that apply to nursing practice; and
5. Transition into the role of a registered nurse and progress from a 'novice' to that of an 'advanced beginner' or 'competent', according to Benner's (1984) Novice to Expert Continuum.

In addition, the NALHN RN TPPP seeks to minimise any potential or actual "transition shock" (Boychuk Duchscher 2009) by assisting the transitioning registered nurse with their role adaption within a professional framework. This is underpinned by the registered nurse standards for practice (NMBA 2016) and the recognition that transitioning registered nurses are entering the nursing profession as predominately novice practitioners (Benner 1984).

## Placement options

TPPP RNs will be able to nominate preferences for their two clinical placements, however due to the limited number of specialty placements only one specialty rotation per participant may be available.

### Lyell McEwin Hospital Placement Options

- **Medical Sub Specialties:** General Medicine, Respiratory Medicine, Acute Medical Unit, Neurology/Stroke Medicine, Gastroenterology, Cardiac Care, Endocrinology & Renal
- **Surgical Specialties and Anaesthetics:** General Surgery, Short Stay Surgery, Operating Theatres and Recovery
- **Critical Care:** Intensive Care Unit and Emergency Department
- **Women and Children's:** Paediatric Unit & Special Care Nursery
- **Mental Health:** Acute Adult Mental Health & Older Person's Mental Health

### Modbury Hospital Placement Options

- **Medical Sub Specialties:** Short Stay General Medical
- **Surgical Specialties and Anaesthetics:** Short Stay Surgery, Operating Theatres and Recovery
- **Aged Care, Rehabilitation and Palliative Care:** Geriatric Evaluation Management Unit, Rehabilitation Unit and Palliative Care Unit
- **Mental Health:** Acute Adult Mental Health
- **Critical Care:** Emergency Department

## Information Sessions

The TPPP Coordinator will conduct information sessions at:

### Lyell McEwin Hospital

**Date and time:** Monday, 1 July 2019, 1400 - 1500

**Venue:** Main Lecture Theatre, Main Building, Level 2

### Modbury Hospital

**Date and time:** Thursday, 11 July 2019, 1400 - 1500

**Venue:** Auditorium - Education Centre, Ground Floor

We invite you to our program information sessions. This is a great opportunity to meet some of our staff and ask any questions you may have in regards to the program or the application process. We look forward to meeting you and sharing with you what the NALHN TPPP for Registered Nurses has to offer.

For more information about the Northern Adelaide Local health network, click [here](#).

## Comments from the 2018 RN TPPPs:

"I would like to say this has been the most enjoyable, challenging and best year. I couldn't imagine starting my journey as a RN another way. I felt supported, encouraged and part of a 'family' like group whom always offered help or debrief when needed. I appreciate all the hard work and effort by all..."

"Overall the TPPP for me was one of the best experiences I have undertaken professionally. Its given me valuable clinical experiences..."

"The TPPP program is highly recommended..."

"...The staff have provided extensive efforts in giving us the best graduate year possible. I have enjoyed every minute!..."

"...Thank you for a great experience, and a truly amazing year! I have learnt so much, and am so grateful for the opportunity to have had a place in the TPPP program as my first year of registered nursing. The TPPP team have done an amazing job..."

## Enquiries

Please ensure you have read the Frequently Asked Questions and answers prior to contacting us. If we haven't answered your question please submit it via email to [healthjobs@sa.gov.au](mailto:healthjobs@sa.gov.au) in the subject line please ensure you state TPPP REGISTERED NURSE QUERY.